# South Asian History, Culture and Archaeology

Vol. 2, No. 1, 2022, pp. 149-155 © ESI Publications. All Right Reserved

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# Bhikșuņīs of Early Historic Śrāvastī: Some Gleanings from the Therīgāthā

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Abstract: Therīgāthā provides knowledge of the social background and different experiences of Therīs.<sup>1</sup> They were belonging to different social categories like Royals, Brāhmaņas, Merchants and Courtesans. But the information regarding familial background of some of Theris is absent. These women become Bhikkhunī for different reasons like greed, lust and hate the household life. In Therīgāthā Bhikkhunī compiled the religious experience they came from several regions, which was a famous centre of Buddhism. Śrāvastī was one of them. Upāsikā Viśākha was lived in Śrāvastī. She built Vihara for Bhikkhunī as Pubbaram near Jetavana. Some famous Bhikkhunis belonged to Śrāvastī like Paṭācārā, Kisāgotamī, Sumagalamata, Punnā or Paṇṇika. Before analyzing these socialreligious experiences of Śrāvastī' Bhikkhunī. We try to understand the historical context of the Therīgāthā. This discussion is important because in this way we might get a clue about Śrāvastī.

Keywords: Sravasti, Bhikshuni, Therīgāthā, Sangha, Religious experiences.

Received : 02 June 2022 Revised : 15 June 2022 Accepted : 21 June 2022 Published : 15 July 2022

#### **TO CITE THIS ARTICLE:**

Kumar, R. 2022. Bhikṣuṇīs of Early Historic Śrāvastī: Some Gleanings from the Therīgāthā. *South Asian History, Culture and Archaeology,* 2: 1, pp. 149-155.

#### Introduction

Among Indian religions, Buddhism was the earliest religion to witness the evolution of an order of nuns (*Bhikṣunīsaṅgha*). *Bhikṣunīsaṅgha*came into existence during the life of Śākyamuni Buddha. It seems to have declined sometime during the early medieval period.<sup>2</sup>These Buddhist nuns, sometimes referred to as *Therī* and sometimes as *Bhikkhunīs* in the early Pali sources, left an important historical work: the *Therīgāthā*, which provides information about many women who became nuns. *Therīgāthā* is part of the *Khuddaka Nikāya*, the collection of minor books in the *Sutta Piṭaka*. The *Therīgāthā* describes not only their experiences as nuns, but also provides some significant information about their lives before entering the *Bhikṣunīsaṅgha*. Their social backgrounds are also frequently mentioned in this text.

Therīgāthā is considered to be the "only canonical document in the world's faiths that is attributed to female authorship and that focuses primarily on women's religious experiences".<sup>3</sup>The present paper aims to study the socio-cultural life of *Bhiksunīs*, belonging to the Śrāvastī region through the study of the *Therīgāthā*. In addition to this, it will also try to look at their experiences before and after entering the Bhiksunīsangha. The Therīgāthāis a collection of poems/songs by 73 therīs with 522 verses. It is said to be the first record of religious experiences and emotional expressions of *Bhiksunis*. The songs of the *Therīgāthā* were, most likely, influenced by folk music prevalent in the concerned society. These songs are usually sung in the first person; however, they are occasionally set in a third-person narrative as well.<sup>4</sup>Therīgāthā is first-hand historical evidence of the emotional expression of sociocultural values by women. Various women, young as well as old, joined the Sangha. These women are presented in their familial status as wives and widows, mothers and daughters. Their presentation as wealthy and poor, royal and even as prostitutes is present in the *Therīgāthā*. This text provides interesting information regarding the social status of women who joined the Sangha. Out of the 73 Bhiksunīs that find mention in this text, 23 were from royal and other aristocratic families, 13 from the families of merchants, 18 from different Brāhmana families, 4 from lower castes (Chāndāla, etc.), 11 from unspecified castes, and 4 courtesans."5 Out of these 73 Bhiksunis, 15 Bhiksunis were related to Śrāvastī. In this paper, an attempt will be made to analyse the social background of these 15 Bhiksunīs related to Śrāvastī.

# The City of Śrāvastī and Its Earlyassociation with Buddhism

Śrāvastī is known as Sāvatthi in Pali and Śrāvastī Sanskrit. In Jaina texts, it has been referred to with different names: Chandrikāpuri and Chandanapuri. It was the birthplace of Jaina Tīrthankara Sambhavanātha and Chandraprabhanātha. 24th Tīrthankara Mahāvīra spent many rainy seasons here. According to early Pali sources, Śrāvastīwas the capital of Kośala Mahājanapada, and was a prosperous city.<sup>6</sup> It was situated near the foothills of the Himalayas. A number of cities were connected with this city. It was located on the uttarapatha, an important trade route in the Early Historical period. In the Kośala kingdom, many wealthy merchants used to patronise ŚākyamuniBuddha and Buddhist mendicants. A rich merchant named Anāthapindika who lived in Śrāvastī met Śākyamuni Buddha for the first time in Magadha and was greatly influenced by him.<sup>7</sup> He invited Śākyamuni Buddha to come toŚrāvastī. When Śākyamuni Buddha came to Śrāvastī, Anāthapiņdika decided to gift a Vihāra for the use of the Bhiksusangha. So he decided to purchase a garden from prince Jeta. For this, Anathapindika paid a price more than the fair price of the garden to princeJeta in Kārsāpaņas.<sup>8</sup>After purchasing this garden from prince Jeta, Anāthapiņdika got constructed a Vihāra at this site for theuse of the Bhiksusangha. It was known as Jetavana Vihāra. In Jetavana Vihāra Anāthapindikagot builtdifferent buildings for *Bhiksus*<sup>9</sup>, where *Bhiksus* used to practice their spiritual activities. *Upāsikā* Viśākhā also made the donation of a particular Vihāranamed as Pubbārāma near Jetavana. King Pasenadi alsogot built a Vihāranamed Rājakārāma near Jetavana.<sup>10</sup>

# Bhikșuņīs of Śrāvastī: Their Social Backgrounds

While there are many references to the establishments of different monasteries for the *Bhiksusangha* at Śrāvastī, there is practically no information regarding the foundation of any nunnery at or near the same city. What we, rather, get is a list of different women who became *Bhiksunīs* under different circumstances of their lives. In this regard, we get some interesting information from the *Therīgāthā*. The *Therīgāthā* discusses many categories of women who took *pabbajjā* to become *Bhiksunīs*. The first category included those women who were already *Upāsikā* before taking *pabbajjā*. The

second category included those women who were not *Upāsikā* before their *pabbajjā*. Arvind Sharma categorizes*Bhikṣuņīs* into three sections on the basis of taking *pabbajjā* in the Saṅgha.<sup>11</sup> In the first category, he included those women, who were impressed by the teachings of Śākyamuni Buddha.<sup>12</sup>The secondcategory included those women, who were impressed by the preaching of*Bhikṣuņīs* of the Saṅgha. The third and last category includedthose women who were influenced by the philosophy and principles of Dhamma. The names of certain women, which could be placed in the first two of the above-mentioned categories, include Chandā (*Gāthā* No. 49), Uttarā (*Gāthā* No. 58), Muttā (*Gāthā* No. 2), and Punnā (*Gāthā* No. 3). Chittā (*Gāthā* No. 23), Mattikā (*Gāthā* No. 24), Uttamā (*Gāthā* No. 31), and Sīhā (*Gāthā* No. 40).<sup>13</sup>

15 *Bhikşuņīs* were related to the city of Śrāvastī. Their social backgrounds are summarized in the following table:

Social background	Names of Bhikṣuņīs	Total number
From Brāhmaņa families	Muttā, Dantikā, Sakulā, Guttā, Uttarā	5
From royal family	Sumanā, Ubbirī	2
From the families of different merchants	Puņņā, Uttamā, Patācārā, Uppalavaņņā	4
From poor families	Sumangala's mother, Kisā Gotamī, Dhamma	3
From slave families	Puṇṇikā	1

#### Women from Brāhmaņa Families Becoming Bhiksuņīs

Muttā (*Gāthā* No. 2), Dantikā (*Gāthā* No. 32), Sakulā (*Gāthā* No. 44), Guttā (*Gāthā* No. 56), and Uttarā (*Gāthā* No. 58) belonged to different Brāhmaņa families. These women joined Sangha and practiced spiritual activities. They reached a higher stage of spirituality.

After taking *pabbajjā* and becoming *Bhikṣunīs*, Muttā celebrated her newly found freedom in a particular verse of the *Therīgāthā*:

"Sumuttāsādhumuttahitīhikhujjehimuttiyā Udukkhalenamusalena, patinākhujjakena ca Muttamhijātimaraņābhavanettisamūhatāti."<sup>14</sup>

"The name I am called by means freed And I am quite free, well -free from three crooked things, I am freed from birth and death, What leads to rebirth had been rooted out."<sup>15</sup>

Earlier, Dantikā was a lay follower of ŚākyamuniBuddha. She had taken *pabbajjā* under Pajāpatī Gotamī.<sup>16</sup> Sakulā was also known as Pakulā.<sup>17</sup> She was influenced by her brother. She said that when "I heard a brother setting forth norm"<sup>18</sup>, she decided to take *pabbajjā* in Saṅgha. Like Dantikā, Guttā also took *pabbajjā* under *Pajāpatī Gotamī*.<sup>19</sup> It may be noted that before taking *Pabbajjā*, shetook permission from her parents. Uttarā joined under the influence of Paṭācārā.<sup>20</sup> Paṭācārā trained her for spiritual practices.

## Women from Royal Family Becoming Bhiksunīs

The women from the Royal households also took *pabbajjā* in the Sangha. In the case of Śrāvastī, two women related to the ruling king Pasenadi took *pabbajjā*. Pasenadi's sister Sumanā (*Gāthā* No. 16) and his wife Ubbirī (*Gāthā* No. 33) joined the Sangha. Sumanā, despite her desire to took *pabbajjā*,

decided to wait till the death of her grandmother's life.<sup>21</sup>It basically indicates she fulfilled her social responsibility before becoming *Bhikṣuņī*. After the death of her grandmother, she obtained permission from his brother to take *pabbajjā*. But the case of Ubbirī was different. After the death of her daughter, Ubbirībecame deeply sad. She wanted to leave her sorrow behind.Her example indicates a deep sense of sadness and a search for peace after the death of a beloved family member. Śākyamuni Buddha provided that peace through his philosophy. She expressed that:

"Abbahīvata me sallamduddasamhadayassitam Yam me sokaparetāyadhītusokamvyapānudi."<sup>22</sup>

"Lo! From my heart, the hidden shaft is gone! The shaft that nestled there hath he removed. And that consuming grief for my dead child Which poisoned all the life of me is dead."<sup>23</sup>

It may be noted that Ubbirī did not take the permission of her husband (Pasenadi) to take *pabbajjā*, yet her entry to the *Bhiksuņīsangha* was allowed by Śākyamuni Buddha.

# Women from Merchants' Families Becoming Bhiksuņīs

In *Therīgāthā*, we get the references to women belonging to merchants' families, who took *pabbajjā*. These women were Puṇṇā (*Gāthā* No. 3), Uttamā (*Gāthā* No. 30), Paṭācārā (*Gāthā* No. 47), and Uppalavaṇṇā (*Gāthā* No. 64). It appears that they had a comfortable life in their childhoods. But growing social anxieties in their adulthood forced them to search for new meaning in life. Therefore, they decided to take *pabbajjā*. Some of them werealso influenced by the preaching of other *Bhikṣuņīs*. Thus, getting influenced by the preaching of Pajāpatī Gotamī,Punnā took *pabbajjā* at an age oftwenty years.<sup>24</sup> Uttamā too became a *Bhikṣuņī* after getting influenced by the preaching of PajāpatīGotamī.<sup>25</sup>

Pațācārā wasa famous *Bhikṣuņī*of Śrāvastī. Thirty *Bhikṣuņīs* from different parts of north India had taken *pabbajjā* under Paṭācārā.<sup>26</sup>The *Therīgāthā* informs us some interesting facts regarding her pre-*prabjjā* life. Paṭācārā 's father was a wealthy person and he wanted to get her marriedin a wealthy family.<sup>27</sup> But she eloped with her lover, who was a servant of her father. After her marriage with her lover, her life became very painful due to a series of accidents. Her two children and husband died in an accident, which rendered her extremely sad and depressed. She took *pabbajjā* and joined the Sangha as a *Bhikṣuņīs* and attained great fame. Uppalavaṇṇā also belonged to a wealthy merchant family.<sup>28</sup> Uppalavaṇṇā did not want to marry because she got too many marriage proposals from very respectable and wealthy families. When she reached adulthood, kings, and commanders from many parts of north India wanted to marry her. Her father was confused as to whom to get her married to. He could think of no other solution to the problem except to advise Uppalavaṇṇā to take *pabbajjā* and become a *Bhikṣuņī*.

# Women from Poor Families Becoming Bhiksuņīs

The anxieties and tensions of household life based on patriarchal principles, were heavier for women than for men. Some verses of the *Therīgāthā* mention escape from bonds of marriage and their desire for entering the *Bhikṣuņīsaṅgha*. Sumangala's mother<sup>29</sup> (*Gāthā* No. 21) was born in a poor family. She was married to a brush painter. She had suffered as a laywoman. For this reason, she explained in her experiences that she hated household life. In her *Gāthā* she states that:

"Sumuttikesumuttikesādhumuttikamhimusalassa Ahiriko me chattakamvāpiukkhalikā me deḍḍubhamvāti"<sup>30</sup>

"Dear one who is quite free, dear one who is quite freed, I too am well-freed from pestle; My shameless husband, even the sunshade he worked under, And my pot that stinks like a water snake all disgust me."<sup>31</sup>

Kisā Gotamī (*Gāthā* No. 63) belonged to a poor family and she had a difficult life.<sup>32</sup> She was not respected by her in-laws till she gave birth to a child. Unfortunately, her child died, after which she againfaced the same disrespect from her family. In severe grief, she met Śākyamuni Buddha, who made her realize that there was not a single-family in Śrāvastī, which has not survived the death of a family member. She took *pabbajjā* after that. Her *Gāthā* narrates the problems she faced as a woman:

"Dukkhoitthibhāvoakkhātopurisadammasārathinā Sapattikam pi hi dukkamappekaccāsakimvijātāyo."<sup>33</sup>

"Being a woman is suffering, That has been shown by the Buddha, The tamer of those to be tamed. Sharing a husband with another wife is suffering for some, While for others, having a baby just once is more than enough suffering."<sup>34</sup> Samyutta Nikāya also mentions that she defeated her weakness.<sup>35</sup>

Dhamma ( $G\bar{a}th\bar{a}$  No. 17) belonged to a respected family, she was influenced by Muttā and Punnā *Bhikṣunīs*. She wanted to take *pabbajjā* in Saṅgha. But her husband did not give her permission. She joined the Saṅghaafter the death of her husband.

#### Woman from Slave Family Becoming Bhiksunī

Puṇṇikā was the daughter of a slave of Anāthapiṇḍika. Puṇṇikā became *Bhikṣuṇī*after taking the necessary permission of his master Anāthapiṇḍika. She took *pabbajjā* and joined the Saṅgha. Her *Gāthā* (*Gāthā* No. 65) mentions a conversation with a Brāhmaṇa.<sup>36</sup> Paṇṇika questioned a Brāhmaṇa regarding his ritual of taking bath. The Brāhmaṇa replied that "anyone, who does evil acts, would be freed from the fruit of that evil by washing off in water".<sup>37</sup> Puṇṇikā countered Brāhmaṇa by stating:

"Sacebhāyasidukkhassasacetedukkhamappiyam Upehisaraṇaṃbuddhaṃdhammaṃ Saṅghañ ca tādinaṃ Samādihiyāhisīlānitaṃteatthāyahehiti"<sup>38</sup>

"If you fear suffering, if you dislike suffering, Take refuge in the Buddha, the dhamma that he taught And the Sangha that has qualities like his, Develop your moral virtues, that will be for your benefit."<sup>39</sup>

This Brāhmaņa, getting impressed by Puṇṇikā, stated that "I may be born in Brāhmaṇa family, but now I really am a Brāhmaṇa".<sup>40</sup>

## Conclusion

An analysis of the social backgrounds of the *Bhikṣunīs* of Śrāvastī mentioned in the Therīgāthā offers some interesting inferences. We may note that women from *Brāhmaṇa*, royal and merchants' families constituted 11 out of 15 reported examples from Śrāvastī, indicating that Buddhism was able to enlist support from the elite section of the society of Śrāvastī. Women from poor families and even the daughter of a slave joined the *Bhikṣunīsaṅgha*. In most of the cases, women could take *pabajjā* only after obtaining the prior permission of their male relatives or masters (father, brother, or the master of a slave). That highlights the prevailing patriarchal nature of the society of Śrāvastī in which women could not take decisions independently in most of the cases.

## Notes

- 1. https://www.wisdomlib.org/definition/theri a senior nun
- Ronald M. Davidson, *Indian Esoteric Buddhism: A Social History of the Tantric Movement*, Delhi, 2004, pp. 91-98. Ronald Davidson argues that the decline of the Bhiksunisangha by the late 6<sup>th</sup> century AD was one of the factors that heralded a gradual decline of Buddhism in different parts of India. Some recent studies, However, indicate that it survived in the Kiul-Lalhisarai area of Bihar till the late eleventh century or slightly later (Birendra Nath Prasad, *Archaeology of Religion in South Asia, Buddhist, Brahmanical and Jaina Religious Centres in Bihar and Bengal, c. AD 600-1200*, Routledge, London and New York, 2021, p. 297; Birendra Nath Prasad, *Rethinking Bihar and Bengal: History, Culture and Religion*, Routledge, London and New York, 2021, pp. 85-93).
- 3. Kathryne Blackstone, *Women in the Footsteps of Buddha- the Struggle for Liberation in the Therīgāthā.*, Curzon Press, 1988, p. 1.
- 4. Barbara Stoler Miller, The *Therīgāthā*: Women's Songs of Early Buddhism, *Journal of South Asian Literature*, Vol. 19, No. 2, Asian Studies Center, pp. 129-135.
- 5. I. B. Horner, op. cit., pp. 167-168.
- 6. Bimla Charan law, Śrāvastī in Indian Literature, Published by the Directed Journal of Archaeology Survey of India, Delhi, 1999 (reprint), p. 7. Majjhima Nikāya (trans.) Bhikkhu Nanamali & Bhikkhu Bodhi, The Middle Discourse of the Buddha: A New Translation of the Mjjhima Nikāya, Kandy: Srilanka, Buddhist Publication Society, p. 1995, p. 1090. Majjhima Nikāya provides information about Śrāvastī as a prosperous: "There is a friend, city in the northern country named sāvaṭṭhi, The Blessed on fully accomplished and fully enlightened in now living there."
- 7. *Jātaka* No. 40, *KhirandJātaka*. E. B. Cowell (trans.) *The Jātaka or Stories of the Buddha's Former Births*. Cambridge University Press, Cambridge, Vol. I, 1895, pp. 100-104.
- 8. A type of coins, which was important in early India. E. B. Cowell translated mentions that Anāthapindika had spent eighteen million gold coins, which was known as Kasharpan. p. 346.
- 9. Jātaka No. 40, edited by Fausball E. B. Cowell. Vol. I. pp. 100-104.
- 10. D. C. Ahir, Śrāvastī: Where the Buddha Spent 25 Retreats, Buddhist World Press, Delhi, 2009, p. 35.
- 11. Arvind Sharma, 'How and Why did the Women in Ancient India Become Buddhist Nuns?', *Sociological Analysis*, Vol. 36 No. 3, 1977, pp. 239-251.
- 12. Arvind Sharma, op. cit., p. 243-244.
- 13. Ibid., p. 255.
- 14. *Therīgāthā* translated by Charles Hallisey, *Therīgāthā: Poems of the First Buddhist Women*, Harvard University Press, Massachusetts, 2015, pp. 10-11.

- 15. Ibid., p. 11.
- 16. Therīgāthā translated by Mrs. Rhys Davids, op.cit., p. 38.
- 17. Ibid., p. 60.
- 18. Ibid.,
- 19. Ibid., p. 90.
- 20. Ibid., p. 90.
- 21. Ibid., pp, 19-20.
- 22. Therīgāthā translated by Charles Hallisey, op. cit., p. 38.
- 23. Therīgāthā translated by Mrs. Rhys Davids, op. cit., p. 40.
- 24. Ibid., p. 11-12.
- 25. Ibid., 35-36.
- 26. Ibid., GāthāNo. 48.
- 27. Ibid., p. 68-69.
- 28. Ibid., pp.111-115
- 29. *Therīgāthā*, P. 25-25, In *Therīgāthā* mentions that her name is unable to trace in Pali literature. She is known as unknown Therī and other names as Sumangala's mother.
- 30. Therīgāthā translated by Charles Hallisey, op. cit., p. 20.
- 31. Ibid., p. 21.
- 32. Therīgāthā translated by Mrs. Rhys Davids, op. cit., p. 106-110.
- 33. Therīgāthā translated by Charles Hallisey, op.cit., p. 110.
- 34. Ibid., p. 111.
- 35. Bhikkhunī Samyutta in Samyutta Nikāya translated by Bhikkhu Bodhi, The Connected Discourse of the Buddha: A New Translation of the Samyutta Nikāya, Wisdom Publication, USA, 2000, p. 225.
- 36. Therīgāthā translated by Mrs. Rhys Davids, op. cit., p. 117.
- 37. Ibid., p. 110.
- 38. Ibid., p.126.
- 39. Ibid., p. 127.
- 40. Ibid., p. 127.